

Mind Health Presents

Supporting the Healing of Cult-Leavers:

A seminar for counsellors, pastoral carers and friends

DISCUSSION COVERS:

- Understanding unhealthy group dynamics.
- Beyond belief: Unpacking cultures of coercion in religious settings.
- Beneath the surface: Unmasking the impact of cults.
- From indoctrination to integration: Healing from the trauma of cults.

EVENT DETAILS

Tuesday 9 April
9am - 3pm

Riccarton Community
Church
44 Elizabeth Street
Riccarton

Cost:
\$50pp
\$25 student

 ZOOM ACCESS AVAILABLE

Morning tea will be provided.
Lunch is BYO.

[To Register: Click Here](#)

Hosted by Mind Health

GUEST SPEAKERS

Liz Gregory

Liz is the Manager of the Gloriavale Leavers & Support Trust and leads a dedicated team ensuring leavers receive necessary support post-commune life. With a passion for aiding leavers, Liz utilises her talents and connections to secure improved opportunities for them. Drawing from her experience as a teacher and business owner and driven by her Christian faith, Liz's active and engagement with leavers, supporters, volunteers, and external agencies reflects her commitment to making a positive impact. Liz has immersed herself in the cult world, and has spent many years understanding cult dynamics and educating others on how social service providers can better support leavers of high-demand groups. Liz is an "ideas girl" and has the energy and drive to make a difference in people's lives one at a time.



Lindy Jacomb

Lindy Jacomb is the founder of the Olive Leaf Network, a recently launched charity in New Zealand that supports former members of high demand religious groups. She was born and raised in the Exclusive Brethren, a controversial and high-demand Christian sect, and was excommunicated as a young adult. Lindy has a keen interest in how spirituality and religious ideals shape our lives and our tribes for better or for worse, and is an activist and advocate for those wounded by high-demand religious groups.